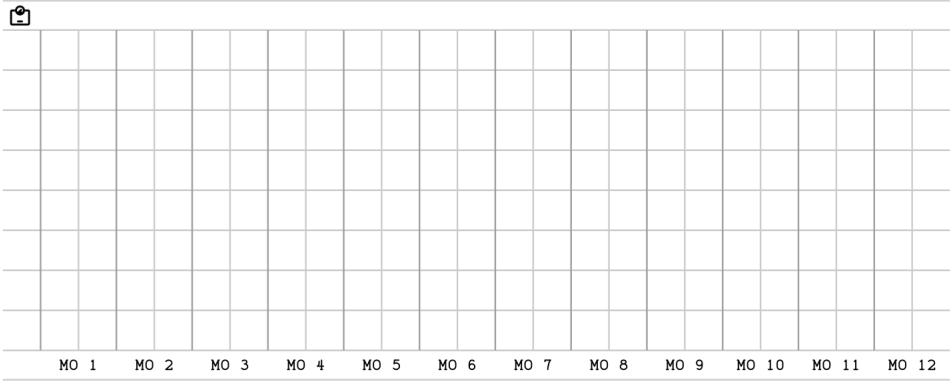
weight TRACKER

Start weight:	End weight:	Goal weight:



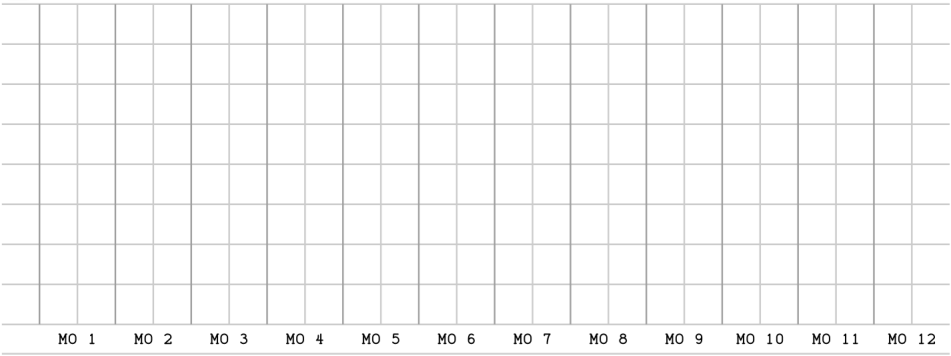
Date	Weight	+	-

weight TRACKER

Start weight:

End weight:

Goal weight:



Date	Weight	+	-